

What is HIV?

- **Human Immunodeficiency Virus** is the virus that weakens the immune system and can cause AIDS.

How will one know if they get infected with HIV?

- Some people will not know if they get infected with HIV.
- Some people have no symptoms.
- Some people get fever, headache, sore muscles and joints, stomach ache, swollen lymph glands or a skin rash that last for a while.
- Some people get flu-like symptoms that last.

What is AIDS?

- **Acquired Immune Deficiency Syndrome** is the virus that weakens the immune system and can cause AIDS.

How do you get HIV/AIDS?

- You can get infected with HIV which might develop into AIDS.
- You can get infected with HIV from anyone who's infected, even if they don't look sick and even if they haven't tested HIV positive yet.
- The blood, vaginal fluid, semen, and breast milk of people infected with HIV has enough virus in it to infect other people.
- Most people get the HIV virus by:
 - ✓ Having **unprotected sex** with an infected person;
 - ✓ **Sharing a needle (shooting drugs)** with someone who's infected;
 - ✓ Being born when their

Cauga HIV?

- Yuum Qaimin qenaiyuilkuti Qenateq qenaatem pinialivvkatua qaimii cali AIDS' aarurtetua.

Qaillun nallunrirciqa yuk HIV-iingekuuni?

- Iloit yuut HIV' ruciteng nalluutuit.
- Iloit yuut natliiquucitECTUUT.
- Iloit yuut puqlaniingetuut, qamiiqiqluni, cagnerluni cali enliqluni, anruciqLuni, kenercinraq puvlun wallu pupiggluni akanun.
- Iloit yuut naullumirluteng qenalriatectun.

Cauga AIDS?

- AIDS' aq qenatenguq tema piniarcetlaraa cali AIDS' aarurluku.

Qaillun Yuut HIV-mek wallu AIDS amekllu pinglartat?

- HIV' ryuuggengauten AIDS' aarucuggngalriamek.
- Qenangyuggengauten HIV' ek kiituumek naulluuteleggmek, assirengalengrmi cali yurrviumanrilengurmeklu.
- Auk, ucum mecua, cali amam muulukuura yuum HIV' lggem qenaatiinek allaamunllu yugmun piyuggengalriami.
- Iloit yut HIV' tuut waten:
 - ✓ Inaarulluku qenatelek mulngakevvkenaani;
 - ✓ Ciikiiquluteng kaputnek (kapurluni) cali kina qenatelek;
 - ✓ Yuurtelleq mikelnguq

- mother is infected;
- ✓ Or drinking the breast milk of an infected woman;
- ✓ Blood transfusion with contaminated blood but blood supply is screened very careful and the risk is extremely low.

- aaniin qenaatiinek;
- ✓ Wallu mikelngurmek amarrcilriamek anaa;
- ✓ Aulingqigtelria auggmek qenaatengqelriamek tauggam augget yurviumaut cakneq cali pitsaqaartelria ekgetuq.

Is there a cure for AIDS?

- There is **NO** cure for AIDS.
- There are drugs that can slow down the HIV virus and slow down the destruction to one's immune system. But there is no way to get all the HIV out of your body.

linrukangqertuq-qaa AIDS?

- Assiiryutekaituq AIDS'aaq.
- linrutangqertuq cukaililraa HIV'iim qenaatii cali cukaililria navgutela yuum ayuuqucianun. Tauggam tamalkuan HIV'q antesciigataa qaimek.