

Resource Sheet

ANTHC HIV/STD Prevention Program

3900 Ambassador Drive, Suite 201

Anchorage, AK 99508

Outreach coordinator: 907-729-3971

www.iknowmine.org

info@iknowmine.org

www.facebook.com/iknowmine

instagram @iknowmine

www.iknowmine.org, the mission of iknowmine (IKM) is to provide truthful and accurate information that youth can trust in order for them to be in control of their own health. On this site get: accurate sexual health information, ask a confidential question, order free condoms, order a free at-home STD test, and more!

iknowmine.org/other-resources, list of local and national resources for HIV/AIDS and STDs, suicide prevention, alcohol and substance abuse.

iknowmine.org/LGBTQ, LGBTQ stands for Lesbian, Gay, Bisexual, Transgender, and Queer/Questioning.

This webpage provides resources and covers a variety of topics; What is LGBTQ?, How do I Know?, Coming out, Friends & Family and more.

Other helpful resources

www.HealthyNativeYouth.org (HNY) contains health promotion curricula and resources for American Indian and Alaska Native (AI/AN) youth. HNY was designed for tribal health educators, teachers, and parents – providing the training and tools needed to access and deliver effective, age-appropriate programs.

www.facebook.com/HealthyNativeYouth

Twitter [@healthyN8Vyouth](https://twitter.com/healthyN8Vyouth)

weRnative.org, For Native Youth, by Native Youth. This site is hosted by the Northwest Portland Area Indian Health Board and provides resources and tips on relationships, dating and sexual health under the “my relationships”.

facebook.com/weRnative

Twitter [@weRnative](https://twitter.com/weRnative)

Instagram [@wernative](https://instagram.com/wernative)

CDC.gov/STD, STD fact sheets, additional resources and information.

plannedparenthood.org/parents, variety of topics and resources by age (preschool-high school).

answer.rutgers.edu/, their mission is to provide and promote unfettered access to comprehensive sexuality education, resources, and information for young people and the adults who teach them.

iwannaknow.org, a site of the American Sexual Health Association, offers information on sexual health, relationships, sexuality, pregnancy, and more.

standupspeakupalaska.org, get information on respect and relationships, get connected with other youth.

amaze.org, animated videos that provide information about sex, your body and relationships.

scarleteen.com, ran by Planned Parenthood and provides comprehensive sexuality and relationship information for teens and adults.

loveisrespect.org, info on dating violence and healthy relationships. Peer advocates are available via text or online chat. Call: 1-866-331-9474 or text LOVEIS to 22522.

thatsnotcool.com, interactive website for youth with info on domestic and sexual violence, cyber bullying, and more.

identityalaska.org, their mission is to advance Alaska's LGBT (lesbian, gay, bisexual, and transgender) community through advocacy, education and connectivity. Hosts a support group focused on connecting the Parents and Guardians of LGBTQ+ identified children/people.

info@identityinc.org

907-929-4528

carelinealaska.com, Alaska's suicide prevention and someone-to-talk-to line. It's free and confidential, treating callers with respect and listening without judgement. Call anytime, toll-free: 877-266-4357 (HELP) or text 4help to 839863 3-11p.m. Tuesday-Saturday.