

hiv:

(Human Immunodeficiency Virus) can lead to Acquired Immunodeficiency Syndrome (AIDS).

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HIV IS THE HUMAN IMMUNODEFICIENCY VIRUS (HIV).

It is the virus that can cause AIDS if not treated. It is passed from person to person by **infected blood and body fluids**, such as during sex or sharing needles. HIV is **not spread** by toilet seats, door knobs, pools, hot tubs, saunas, steam baths, bath tubs, clothing, insects, cups or utensils. HIV is a life-long disease that is managed by daily medication and treatment.

AIDS IS THE ACQUIRED IMMUNODEFICIENCY SYNDROME (AIDS).

AIDS is a complex illness with a wide range of symptoms and complications that can lead to death if not treated. AIDS is the final stage of HIV infection, but not everyone with HIV will have AIDS. People with HIV can lead normal, long lives with treatment and medication. Learn more at:

iknowmine.org

The most common ways to transmit HIV are anal or vaginal sex or sharing injection drug needles. To take charge of your health and lower your risks of infection:

- Know your HIV status and your partner's, **25%** of everyone who has HIV does not know.
- Take an HIV test before every new sexual partner or every year.
- Use a condom correctly with all partners of unknown HIV/sexually transmitted infections status.
- Do not share injection needles.
- Talk to your doctor about PreP for high-risk individuals.