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# NATIONAL & ALASKA HARM REDUCTION RESOURCES

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Provided by [iknowmine.org](http://iknowmine.org)

## Health-related Resources

1. Unsure of where to start? Call the 24/7 [Alaska Careline](#) at 988
2. Resources Near You: Call 211 or visit [211.org](http://211.org)
3. Want to talk with someone? Call the CareLine 1-877-266-HELP (4357)

## Recovery Resources

1. For information on treatment for mental and substance use disorders, visit: <https://findtreatment.gov/>
2. Local, in-person or virtual support for behavioral health or substance use management needs: Call SAMHSA's 24/7 National Helpline at 1-800-662-HELP (4357)
3. For help navigating recovery services in Alaska, visit:
  - a. [Alaska's Resource Guide to Hope and Healing](#)
  - b. [Recover Alaska](#)
  - c. [Anchorage Health Department Substance Misuse Resource Guide](#)
4. [ANTHC's Behavioral Health and Wellness Clinic](#) offers telehealth-based behavioral health assessments and group counseling for Alaska Native/Native American adults (18+), and can assist with referrals to detox, residential, or outpatient treatment
  - a. Call (907) 729-2492
  - b. Email: [www.anthc.org/bhwc](http://www.anthc.org/bhwc)
5. [State of Alaska Opioid Misuse and Addiction Prevention](#)
6. [Substance Use Disorders Treatment Steps and FAQs](#)
7. Alaska 211- [Addictions/Dependencies Support Groups](#)
8. [Community Reinforcement Approach and Family Training](#)- a therapy that helps family members improve their personal well-being and learn specific skills to motivate their loved one toward substance abuse treatment

## Naloxone Resources

1. To order free harm reduction supplies delivered right to your doorstep, visit: [iknowmine.org/shop](http://iknowmine.org/shop)
2. To register as a partner or distributor of naloxone with ProjectHOPE, visit: <https://health.alaska.gov/en/services/project-hope-get-naloxone/>

## Harm Reduction Resources and Syringe Services Programs Resources

1. ALASKAN STATEWIDE AIDS HELPLINE: 1-800-478-AIDS
2. **Anchorage:** [Alaskan AIDS Assistance Association \(4A's\)](#):
  1. Addresses: Anchorage – 1057 W. Fireweed Ln //Mat-Su Valley: Mobile Health Unit
    - Phone: 907.263.2050
    - Email: <https://www.alaskanaims.org/contact>
    - Web: <https://www.alaskanaims.org/>
3. **Mat Su Valley:** [Alaskan AIDS Assistance Association \(4A's\)](#):
  - Address: Mobile Health Unit - Park and Ride on Trunk Road next to Mat Su Regional
  - Phone: 907.744.6877 – call/text with questions
  - Email: <https://www.alaskanaims.org/contact>
  - Web: <https://www.alaskanaims.org/>

4. **Bethel:** YKHC Pharmacy, 700 Chief Eddie Hoffman Hwy
5. **Fairbanks:** [Interior AIDS Association](#):
  - Address: 710 3rd Ave
  - Phone: 907.452.4222
  - Web: <https://www.interioraids.org/>
6. **Homer:** [The Exchange](#):
  - Address: 4014 Lake Street; Homer, AK
  - Phone: 907.299.7460
  - Email: [homerexchange@gmail.com](mailto:homerexchange@gmail.com)
  - Web: <https://www.facebook.com/homersyringeexchange>
7. **Juneau:** [Front Street Clinic](#):
  - 225 Front Street, Suite 202
  - Phone: 907.364.4565
  - Web: <https://searhc.org/location/front-street-clinic/>
8. **Statewide:**
  - Your local medical center - speak to your medical provider or pharmacist about the need for safer injection supplies
  - Order limited supplies from [www.iknowmine.org/shop](http://www.iknowmine.org/shop)

#### **Medication Assisted Treatment Information**

1. [ANTHC Medication Assisted Treatment Toolkit](#)
2. [SAMHSA Medications for Opioid Use Disorder](#)
3. [Opioid Addiction Treatment: A Pocket Guide for Patients, Family and Friends](#)

#### **Health Data-related Resources**

1. [Alaska Native Epidemiology Center](#) – providing statewide health-related data
2. [Alaska Substance Use Dashboard](#) – providing a breakdown in substance use data

For additional questions, contact ANTHC Substance Misuse Prevention staff at [saprevention@anthc.org](mailto:saprevention@anthc.org)