

**"Alaska Native People are
the Healthiest People in the
World"**

ANTHC Mission

**The Substance Misuse
Prevention Program works in
collaboration with Tribal
Health Organizations to
prevent substance misuse
and dependence in the
communities we serve while
simultaneously encouraging
the enhancement of healthy
and supportive communities.**

SUBSTANCE MISUSE PREVENTION PROGRAM

saprevention@anthc.org

907-729-3547

www.iknowmine.org

**Poison Help Line
1-800-222-1222**



ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM



SAFE MEDICINE DISPOSAL

**AN OPIOID MISUSE
PREVENTION INITIATIVE
FROM THE SUBSTANCE
MISUSE PREVENTION
PROGRAM.**

**ALASKA NATIVE TRIBAL
HEALTH CONSORTIUM**

PRESCRIPTION OPIOIDS

Prescription opioids (like hydrocodone, oxycodone, and morphine) are medications prescribed by doctors to treat moderate to severe pain, however, they have serious risk and side effects including dependency, addiction, overdose, and accidental poisoning.

Anyone who takes prescription opioids can develop a substance use disorder (dependency, addiction). Opioid addiction is a powerful compulsive chronic brain disease that causes an irresistible urge to use opioids, even when they are no longer medically required or their use causes harm in a person's life.

Deactivating and disposing of medication is a great solution to safely dispose of old, expired, or unused medications.



SAFE MEDICINE DISPOSAL

The Substance Misuse Prevention Program provides FREE medicine deactivation products to individuals, tribal health organizations, and other health entities throughout Alaska.

Safe Medicine Disposal Products

Deterra® products are available in multiple sizes, are effective in deactivating medication, and are environmentally safe to throw away in your local landfill or dump.

How to Order

To view and order FREE safe medicine disposal products visit:
www.iknowmine.org/safemedicine

FREQUENTLY ASKED QUESTIONS

DETERRA® FAQs

What medications does Deterra® deactivate? Medications that can be deactivated include pharmacy or over the counter medication (pills, liquid, patches). Deterra® does not deactivate medications that contain lithium or iron.

How does the deactivation process work? Each Deterra® product contains activated carbon that, when mixed with water, the carbon absorbs the chemicals found in medications.

How long does the deactivation process take? The length of time depends on the type of medication--tablets will take longer than patches since they take longer to dissolve. Mixing warm water with Deterra® can help speed up the deactivation process by dissolving tablets faster.

How do I dispose of used Deterra® products? Deterra® pouches are made of biodegradable materials that will disintegrate when mixed with landfill microbes. Buckets can also be disposed of in landfills, but are not biodegradable. Bucket contents can be disposed separately and the bucket can be re-purposed.

Deterra® products do not expire and will be effective at deactivating medication as long as water is present