

Project Wangkuta: The iKnowMine Youth Advisory Board

Overview

This document contains information and an application for the 2022-2023 iKnowMine Youth Advisory Board. The Alaska Native Tribal Health Consortium (ANTHC) HIV/STD Prevention Program is seeking Native youth and young adult participants (aged 12-21) to advise ANTHC on issues related to holistic health.

For the 2022-2023 project year, youth members will collaborate to review a healthy relationships and holistic health curricula and develop a media campaign to raise awareness on related topics. Compensation is available for youth time spent attending required meetings and completing required activities.

Completed applications are accepted on a rolling basis, and may be submitted to the ANTHC HIV/STD Prevention Program. Applications may be accepted [online](#), or through in-person delivery, mail, or email to:

ANTHC HIV/STD Prevention Program
ATTN: Hannah Warren and/or Millie Voight
4115 Ambassador Drive, STE 201
Anchorage, AK 99508
Email: info@iknowmine.org
Phone: 907-729-1651

Land Acknowledgement

The iKnowMine Team is based out of the HIV/STD Prevention Program at the Alaska Native Tribal Health Consortium (ANTHC). Base operations of ANTHC are located in Anchorage, AK on the traditional lands of the Dena'ina people. Thank you for your past and present stewardship of the waters, plants, lands, animals, and the spiritual practices of this place.

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Purpose

The purpose of the iKnowMine Youth Advisory Board (YAB) is for the Alaska Native Tribal Health Consortium (ANTHC) HIV/STD Prevention Program to provide a safe space for youth to be able to confidently offer their perspectives on public health programs, designed to promote health and wellness in the lives of Native youth and young adults across Alaska. Through the YAB, the ANTHC HIV/STD Prevention Program hopes to gain youth and young adult perspectives on how to best address holistic health-related programming needs, challenges and opportunities.

Mission

The Mission of the YAB is to advise the ANTHC HIV/STD Prevention Program by offering their perspectives on interventions and programs, designed to promote health and wellness in the lives of Native youth and young adults across Alaska.

Goals

Through the YAB, we hope to increase awareness of the holistic health issues and programs designed to address them among the Native youth and young adult population in Alaska.

The goals of the YAB are to complete the following by the end of the service year:

1. Review and provide constructive feedback of the Native It's Your Game 2.0 (NIYG 2.0) curriculum
2. Develop a media campaign that addresses teen pregnancy prevention in Alaska

Participation Overview

The Members of the YAB will participate in all teleconference (Zoom) discussions and engage as a team in order to achieve the above goals of the program. All YAB sessions and discussions will be accompanied and lead by at least one YAB staff member. The YAB staff member will lead the Group Activities, which typically will include: a presentation overview of the session's topic, a discussion around gathering feedback from the session prior, and gathering feedback as it relates to developing the media campaign.

- Seats: 6
- Term: Every other month from December 2022 - June 2023
- Platform: Virtual (Zoom)
- Required Activities:
 - Attend & engage in all required sessions, unless otherwise excused
 - Complete all thirteen lessons of the NIYG 2.0 curriculum
 - Complete the three independent activities from the NIYG 2.0 curriculum
 - Present one time on the challenges, lessons learned, and experience gained through the YAB at a conference or other meeting, scheduled for the end of the service year

Optional activities include:

- Bi-monthly 'Tea Time' Chats: Ask YAB staff questions & get support with independent activities. Bring your favorite snack and drink for this virtual get together!

- Other opportunities will be announced by YAB staff as they come up, and may include activities like interviewing new applicants or presenting at other conferences

Expected Outcomes for Members

Members who are highly engaged will:

- Develop leadership skills and work experience
- Increase self-esteem and confidence related to voicing needs when working with others
 - Develop problem-solving skills
 - Learn how to work as part of a team in a diverse workgroup
 - Connect with other youth in a safe space
- Learn about what public health is, in addition to the different programs, resources and services related to youth health
- Gain confidence in expressing youth needs and expectations for the organization and program

Eligibility Overview

All Members are required to submit a complete YAB Application. Members younger than 18 must have parent permission & acknowledgement on all application documents to participate.

For consideration to the YAB, Members are required to:

- Be aged between 12-21 years old
- Have Zoom teleconference capabilities. This includes having reliable and regular access to the internet, a computer and/or tablet with camera & microphone access
- Be able to attend most of the required sessions and complete all required activities

The following experiences are preferred, but not required:

- Self-identification as Alaska Native and/or American Indian
- Experience living in rural Alaska
- 2SLGBTQ+ self-identification

Schedule*

Date and time	Session & Activities Schedule Overview
Scheduled between YAB member and YAB staff	Topic: Eligibility Screening Group Activity: Review Application to ensure eligibility
Scheduled between YAB member and YAB staff	Topic: Orientation to the Youth Advisory Board & What is Public Health? Group Activity: Introduction to YAB, iKnowMine.org & NIYG 2.0 Independent Activities: Practice with the program, Complete lessons 1, 2 & 3 + lesson 3's independent activity
Thursday, December 15 4:30PM – 5:30PM	Topic: Public Health: Health Literacy - Educating Others Through the Media & Using Platforms like Facebook, TikTok, Snapchat & TV! Group Activities: NIYG 2.0 lesson 1, 2 and 3 review & draft media campaign, including: selecting media campaign platforms, setting goals, selecting the audience and dissemination platforms Independent Activities: complete 1) lessons 4, 5, and 6 and 2) Lesson 6 independent activity
Optional: Thursday, Jan. 12; 4:30PM – 5:30PM	Tea Time: Ask YAB staff questions, get support with independent activities Note: Session will be closed if there is no attendance 15 minutes after start
Thursday, February 23 4:30PM – 5:30PM	Topic: Public Health: Working as a Team to Promote Health & an Overview of Youth Friendly resources Group Activities: NIYG 2.0 lesson review, draft media campaign messages Independent Activities: complete 1) lessons 7, 8, 9 and 10 and 2) Lesson 9 independent activity
Optional: Thursday, March 9; 4:30PM – 5:30PM	Tea Time: Ask YAB staff questions, get support with independent activities Note: Session will be closed if there is no attendance 15 minutes after start
Thursday, April 20 4:30PM – 5:30PM	Topic: Public Health: Community-Driven Change & How to Involve Others to Create Social Change Group Activity: NIYG 2.0 lesson review & review campaign details Independent Activities: complete 1) lessons 11, 12 and 13 and 2) Finish designing your section of the presentation
Optional: Thursday, May 11; 4:30PM – 5:30PM	Tea Time: Ask YAB staff questions, get support with independent activities Note: Session will be closed if there is no attendance 15 minutes after start
Thursday, June 23 4:30PM – 5:30PM	Topic: End-of-Year Celebration & Final Presentation Group Activity: NIYG 2.0 lesson review, Final presentation & Complete feedback form on total experience with YAB.

*Dates, times, topics are subject to change; All independent activities and assigned make-up group work are due *prior* to the start of the next session.

Activities Overview

Required Activities	Measure of successfully completing activities	Number of opportunities	Time expectation	Total
Eligibility Screening	Attendance at beginning and end, introduction	1	.5 hours (30 minutes)	.5 hours
Orientation	Attendance at beginning and end	1	1 hour	1 hour
Bi-monthly sessions	Attendance at beginning and end of sessions, active participation in team work activities	4	1 hour	4 hours
Complete individual assignments	Completed assigned independent activities, completed presentation slide	13	.50 hours (30 minutes)	6.5 hours
Team Presentation	Attendance at beginning and end of presentation, completed presentation for your section	1	1 hour total, presentation as a team	1 hour
Total minimum required hours				13 hours

Additional opportunities for engagement include: monthly 'Tea Time' chats, application reviews and interviews, and other volunteer opportunities that will be announced by YAB staff. Additional opportunities are not required.

Attendance Details

Each member is allowed up to two excused absences from YAB teleconference (zoom) meetings. The following guidelines will apply to each member of the YAB:

- Members must email YAB staff in advance to let us know when you will not be able to attend.
- Members that are unable to attend a meeting will still be responsible for reviewing content and completing the independent activities prior to the next meeting.

It is highly encouraged for Members to attend the following 'tea time' session after a missed meeting.

Absences may be requested via email to YAB staff. Excused absences will be approved on a case-by-case basis by YAB staff. Confirmation will be sent via email to the Member directly. Allowable absences may include, but is not limited to: family emergencies, personal physical and/or mental emergencies, participation in subsistence activities, conflicts with school-related activities.

Activities Details

Members are expected to complete the following activities over the course of their service on the YAB:

- Attend & engage in all sessions, unless otherwise excused

- Independent Activity: Complete the design of a presentation slide for a topic that they learned about & what their experience was like in the YAB at the end of the service year.
- Review all 13 lessons and accompanying independent activities of the NIYG 2.0 curricula.
 - Lessons include:
 - Lesson 1: Pre-Game Show
 - Lesson 2: Keeping it Real... Among Friends
 - Lesson 3: Playing by Your Rules... SELECT DETECT PROTECT*
 - Lesson 4: Protecting Your Rules
 - Lesson 5: Know Your Body
 - Lesson 6: Keeping it Real... Healthy Dating Relationships
 - Lesson 7: Protecting Your Rules... Regarding Sex
 - Lesson 8: Negotiating to Protect
 - Lesson 9: Keeping it Real... Consequences of Pregnancy
 - Lesson 10: Keeping it Real... Consequences of HIV & STDs
 - Lesson 11: Keeping it Real... Risk Reduction Strategies
 - Lesson 12: Playing by Your Rules... A Review
 - Lesson 13: Post-Game Show
 - Lesson 14: Native IYG Program Feedback Survey (optional)
 - Independent Activities:
 - Lesson 3: Playing by Your Rules... SELECT DETECT PROTECT
 - Lesson 6: Keeping it Real... Healthy Dating Relationships
 - Lesson 9: Keeping it Real... Consequences of Pregnancy

All assigned independent activities or make-up group work are due **before** the following required session is to start. Members with excused absences may be assigned to complete group work activities outside of the required meeting times.

Compensation Details

Members may be compensated for their time, with gift cards that are up to \$50 in value. The compensation will be issued directly by YAB staff to the Member on a bi-monthly basis, provided that the Member is eligible to claim the compensation.

Members must successfully:

- Attend each required session, excluding the eligibility screening, with active participation in group activities, or an excused absence, AND
- Complete all independent activities on time, prior to the beginning of the next month's session

Members receiving the compensation may not use the gift cards to:

- Be redeemed for cash
- Be used to purchase tobacco, alcohol or firearms
- Be transferred by the Member to other parties

Members in violation of the Compensation Guidelines may forfeit their eligibility to receive compensation and/or continued involvement on the YAB, as determined by YAB staff.

iKnowMine Youth Advisory Board Application

This application may also be completed online at: iknowmine.org/youth

Complete applications are accepted on a rolling basis.

Approved candidates will receive a follow-up phone call to confirm the details of the application.

Accepted applicants will be notified via phone and/or email no later than one week after application submission.

Contact Information

Name: _____ Date of Birth: ____/____/____

Native Tribal Affiliation: _____

Mailing Address (street or P.O. Number): _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Parent and/or Legal Guardian Name: _____

Parent and/or Legal Guardian Number: _____

ANTHC staff and partners are mandatory reporters. In situations that require emergency assistance, staff will contact the parent and/or legal guardian as the emergency contact and/or relevant authorities.

Demographics

I identify as Alaska Native and/or American Indian: ___ yes ___ no

I identify as part of the 2SLGBTQ+ community: ___ yes ___ no ___ I don't know ___ No answer

I have lived in rural Alaska before, or I live in rural Alaska now (rural Alaska includes anywhere in Alaska that is outside of Anchorage, Fairbanks or Juneau): ___ yes ___ no

School Information

School or GED program name: _____

Current Year in School:

___ Middle School (6th – 8th grade) ___ High School (9th – 12th grade) ___ GED program

Ages 19-21 only: I am enrolled in a High School or GED Program AND am currently pregnant and/or parenting: ___ yes ___ no

Meeting Accessibility

I am able to attend all of the required virtual meetings, including the orientation and the monthly sessions, as outlined in the schedule: ___ yes ___ no ___ maybe, with support

Do you know if there will be some meetings that you might need to miss? What other things might make it hard for you being able to attend the meetings, and when will these happen? (Think: subsistence time like berry or fish camp in the summer, Fall or Spring exams, family events, due dates, etc.)

Do you have your own computer or tablet? Or are you borrowing one from family, friends, or an organization, like school? And will you have the computer or tablet all year long?

Are you able to access the internet all year long? Can you access it from home, or do you plan to use the internet from an organization like school?

If there is anything else you would like to share with the application reviewers, please share:

Youth Advisory Board Applicant: By signing below, I agree that I can fully participate in the Youth Advisory Board for one year. I have read the accompanying informational documents and understand the expectations for all Members for the Youth Advisory Board. I can confirm that I can access all necessary equipment in order to fully engage in the program and am eligible for the program.

Signature	Printed Name	Date
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Parent/Guardian (if under 18): My signature affirms that I am aware and supportive of my child's application to the iKnowMine.org Youth Advisory Board. I have read the accompanying information documents and understand the expectations and eligibility requirements of the program, and confirm that my child can access all necessary equipment in order to fully engage in the program.

Signature	Printed Name	Date
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This application may also be completed online at: iknowmine.org/youth
Hard-copy applications may be submitted via email, mail or in-person to the below contact:

ANTHC HIV/STD Prevention Program
ATTN: Hannah Warren and/or Millie Voight
4115 Ambassador Drive, STE 201
Anchorage, AK 99508
Email: info@iknowmine.org // Phone: 907-729-1651