

WHAT YOU NEED TO KNOW ABOUT MARIJUANA AND YOUR BRAIN.

Marijuana can cause more harm to younger brains.



NOT
Buying
it

21 is the legal age to use marijuana, but our brains continue to develop until age 25. Before age 25, marijuana can affect brain development and harm how the brain builds connections for attention, memory, and learning. Starting to use marijuana at a younger age can increase chances of negative long-term effects.



WHAT YOU NEED TO KNOW ABOUT MARIJUANA AND YOUR BRAIN

Marijuana can cause more harm to younger brains.



NOT
Buying
it

21 is the legal age to use marijuana, but our brains continue to develop until age 25. Before age 25, marijuana can affect brain development and harm how the brain builds connections for attention, memory, and learning. Starting to use marijuana at a younger age can increase chances of negative long-term effects.



Know the risks to your mental health.

Young people who use marijuana may be more likely to experience anxiety and depression.



NOT
Buying
it

Marijuana use has been linked to depression, social anxiety, thoughts of suicide, suicide attempts and suicide. Using marijuana frequently can worsen existing mental health conditions, especially for teens with a family history of mental illness.



Know the risks to your mental health.

Young people who use marijuana may be more likely to experience anxiety and depression.



NOT
Buying
it

Marijuana use has been linked to depression, social anxiety, thoughts of suicide, suicide attempts and suicide. Using marijuana frequently can worsen existing mental health conditions, especially for teens with a family history of mental illness.

